

# Breast Cancer Awareness

264,000+ Women in the U.S. are diagnosed annually



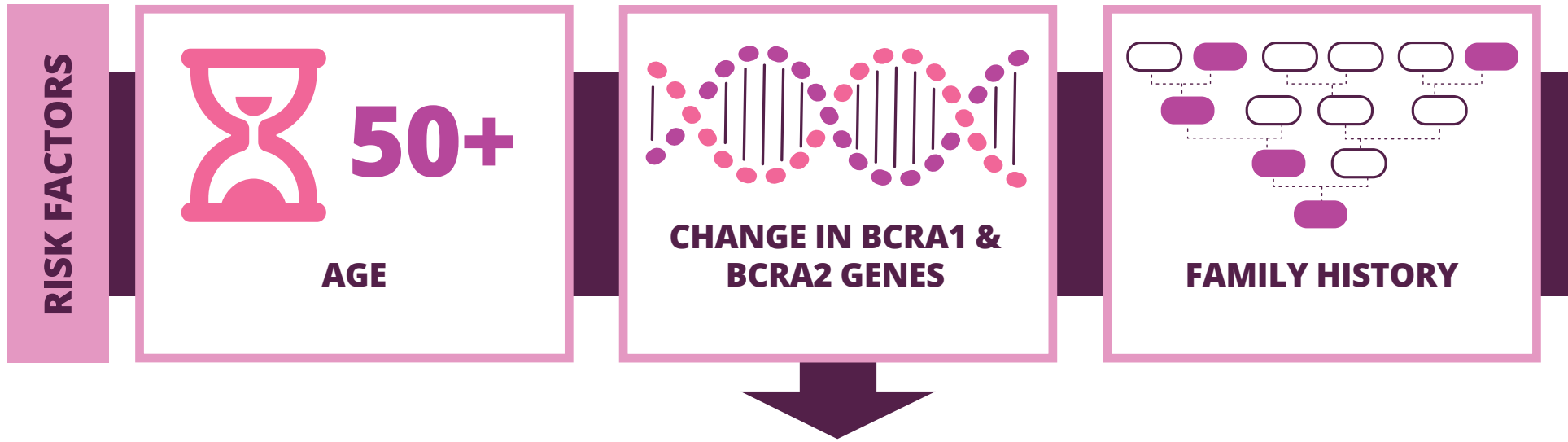
Since breast cancer is a common disease, it is important to understand the symptoms of breast cancer. Contact your doctor if you experience any of the following symptoms:

- A change in the size or shape of the breast
- Pain in any area of the breast
- Nipple discharge (other than breast milk), including blood
- Lumps in the breast or underarm

## 42,000

American women die from this disease each year

### Second most common type of cancer among women in the U.S.



**Men are also able to get breast cancer, though it is not common**

BCRA1 and BCRA2 genes are known as tumor suppressing genes that help fight cancer. Tests to find any signs of a BCRA1 and BCRA2 genetic mutation are conducted by blood or saliva samples.

## When to get a mammogram:

It is recommended that women over 50 years old get a mammogram every 2 years to check for breast cancer. A mammogram is a low-dose x-ray that allows doctors to look for changes in breast tissue, which could signify breast cancer. Mammograms are an important tool in the fight against breast cancer because other symptoms may not always be present.

**EVERY 2 YEARS**

It is important to know the signs of breast cancer, perform self-examinations, and stay up to date with your doctor's appointments.

**HOW BREAST CANCER IS TREATED**

### SURGERY

Mastectomies & Lumpectomies

### CHEMOTHERAPY

A chemical treatment designed to shrink or kill the cancer cells

### HORMONAL THERAPY

Blocks cancer cells from growing

### BIOLOGICAL THERAPY

Works with the body's immune system to help fight cancer cells